

THE 'ROSE' REIKI/SEICHIM PATH TO ASCENSION BY DR. CRIS HENDERSON

Ascension is about our ability to evolve to a new energetic level – to a higher form – or higher vibration. Ascension means transformation of the body, mind and the spirit – all three. This transformation should be balanced between these three elements– body, mind and spirit. Concentrating solely on the spirit may mean that the body fails to respond to the new level of energy and vice versa. How should we go about preparing for ascension? My recommendation is to use the energy of the rose as your major transformational tool.



Many people have learnt Reiki and now Seichim is becoming more popular as an energy healing system. At the same time the rose energy in the form of rose reiki and rose seichim is becoming more widely known and understood. Deep memories are stirring and the rose energy is being passed on to students in different forms. The myths and legends of the Brotherhood and the Sisterhood of the Rose have formed the basis of the arcane knowledge of this healing energy.

What is really happening as we learn and experience these rose energy systems? We know the profound knowledge of the past is being released for the benefit of everyone and not just a privileged few. Past life energy is releasing some of the aspects of our intrinsic selves which desperately need healing as the deep seated memories of our incarnations together continue to surface. New knowledge is also coming our way, through intuitive and sensitive beings who have chosen to embody the highest forms of energy available on this planet. **And as this integration of the old and new forms of knowledge occurs individuals and groups are learning to live in the beauty of the present moment.** In this way the collective future will be happier for all participants, teachers and learners alike.

There is so much to it, so much more in terms of the sacredness of the art of the rose energy – so much to try to express. Perhaps even now we can only explain some of the major aspects of these energy systems whilst other aspects wait in the wings ready to confront to surprise or to delight us. One

important factor is the realization that the **Rose Reiki/Seichim Path to Ascension** is one of profound beauty and sacredness. **It is not a shortcut, and it requires deep and meaningful work on the inner self on an ongoing, regular basis. It requires daily spiritual practice in a form that is not always acceptable because it does not offer a quick fix or an overnight solution. To understand its energy and to see the beauty of this path is a revelation of such light and intensity that it is not a path for everyone. Only those who feel they are really called to this path and ready to practice their art and then watch the beauty of their new manifestation forming in the physical world in a meaningful way should attempt it. This Path offers immediate feedback on all aspects of the development of the self, inner and outer. It does not 'mess around.' The messages are clear and specific. If things are not working in the outer world, then the inner world is incomplete.**

But of course there is more.

One of the most fascinating aspects of the **Reiki/Seichim Path to the I Am** is **the knowledge and learning about the aura** now being integrated and understood in all of its many aspects. Books on the aura and its vibration abound, but the energy anatomy we experience with the aura is, in truth, at best only partially understood. To explain then a little further.

The aura is a crucial part of our energy anatomy and this is part of the learning from our long-standing venerated sacred knowledge. We all know that the light energy is expanding on the planet in general and within the sensitive individual in particular. How much do we know about what this means to the energy training systems we follow and to the aura in particular? As this light energy is embodied the auric body is being stretched and strained. Those who are sensitive to it can actually feel this sense of fineness on the outer perimeter of the aura. **In addition there is an important new development.** A new form of auric vibration has developed within those who are moving forward quickly to integrate the expansion of pure light energy. This new development can be best described as **an aura within the aura.** The inside edge of this aura can be experienced and felt once there is realization that it exists there.

Another fascinating aspect of this path concerns the **reunification of the soul fragments at a universal and at an individual level.** Over long periods of time parts of the soul have been separated from the physical body.

This has happened when the physical body experiences deep trauma. Such trauma has been inflicted on physical bodies for centuries, but such is the nature of our sensitivity to energy now, we can feel this trauma embedded in the vibration of our own Mother Earth. This trauma in Mother Earth is affecting our daily living patterns and it is being extended out into the food chain, relationships between animate and inanimate objects and indeed into every aspect of our daily lives. In a positive sense the collective intention of our spiritual work is having the beautiful and positive effect of graceful reunification of the soul fragments of Mother Earth. We are advancing quickly in our absorption of the rose energy - beyond the expectations of those who are our guides. Those who are unaware of the big picture in relation to the energy vibrations at this level may be undergoing some particular tests and finding obstacles in their daily paths.

For example, on an individual basis there can be some particular issues, which need to be effectively solved. Individual trauma is often caused by the false perception we need to do or accomplish 'things' in the physical world. Such 'things' may not be what our soul requires of us. **And yet the individual can often see no way out.** The big picture is obscured because each day individuals feel they are required to perform 'have to' duties, such as working in jobs that no longer resonate with their new inner aura. Other examples include those needing to manage a business that is not part of the soul purpose any more or those functioning in what seems to be an uncaring daily environment. Then there are those who are ill or suffering the grief of the loss of a dear one and those required to be part of a dysfunctional family unit or even an unequal or dependant relationship. There are many now who are becoming aware at the deepest levels of the sexual inequality in their lives and being stunned by the depth and extent of it. **The deep sense of sensitivity being experienced is often partially caused by the development of this new inner aura. In other words the sensitivity is a wake up call to move forward on the chosen path home!**

So how does this all work? The new inner aura is linked directly to the soul. As it is formed it brings back together the fragments of the soul. And the fragments of the soul are being reunited by the many individuals who wish to return to their source, to climb the energetic ladder to freedom, and to embody their soul purpose on earth in the here and now. *Rose Seichim, is being expanded as a knowledge system and receiving not only ancient wisdom in a more extensive form, but new wisdom from the multiverse, which is being united to form an expansive new soul agenda. In other*

words, Seichim is integrating just as we ourselves integrate the new expansive energies. It is bringing into oneness the old and the new knowledge. The result is a path of sacred gentleness, which opens the adept to embodying the ultimate level of energy in the here and now on Mother Earth.

The third aspect of this 'amalgamated' and 'integrated' soul path is the importance of the **declaration of intention**, or the **sacred contract**. The declaration of intent is more than it seems. It is the ringing clarion call of those who intend to make the journey and to take on, in all aspects, the results of that declaration. It can be heard in the kingdom of heaven, and it resonates there. It calls out - **I AM READY. It is always heard and a positive response always results.** One declaration of intention is often not enough, because, as the soul returns into oneness, the sacred contract expands further and further letting us see into the beyond where previously the curtains were drawn. Usually particularly important energy days are chosen for the embodiment of this contract, and such choices seem to facilitate the ability for a direct linkage with the kingdom of heaven.

There are many paths to returning the soul to its original home but all of paths have one thing in common. They return us home to the uniqueness of our own being, to expressing our true self in every moment and somehow to the **essential essence** of all that is within us and within Mother Earth. Other ways home include vibrational essences, prayer, meditation, creative visualization, alchemy, spiritual homeopathy¹ and many others. Of course elements of other ways can be incorporated into the **Rose Reiki/Seichim Path to Ascension**. In particular, the use of vibrational essences, creative visualization and the practice of spiritual homeopathy not only match but also deepen and extend the vibration of the Rose Reiki/Seichim Path in a gentle and soothing way. It should also be clearly understood that each individual's path is unique and precious to them. For this reason the rose courses are designed and created as a balance between **the standards and ethics and universal knowledge and law of the path itself and that individual's particular needs in terms of their reunification with their own essence.**²

¹ In itself the word homeopathy means 'returning home' so this path and the path of the vibrational essences are particularly applicable to an alliance.

² This is why each individual's path is designed particularly for them and why it can vary in terms of the way the courses are taught and received.



The Rose Reiki/Seichim Path to Ascension is just one of many paths home to the Source. It is one of such beauty and independence that it really appeals to the seeker who is self-managing by nature. It also appeals to those who like some structure or understanding of where the path is headed because it is laid out or expressed in several distinct yet inter linked stages of beingness. The person must be able to work alone understanding that he or she does not need to carry anything on the journey except his or her essential self. The symbolic representations of the **Rose Reiki/Seichim Path to Ascension** are such that the kit bag is light and can be taken anywhere on the planet without excess luggage being involved. The sense of deep inner peace that this journey engenders and the ability to watch the outer world, somewhat in the way of a spectator is marvellous. Only at this point can the truest level of detachment be practiced and the oneness given space and time to emerge.

The spiritual agenda of the journey can be designed for the needs of the individual.

Should you feel drawn to this road remember that it is a Road of Surrender. This means surrender not to the exterior world in any of its forms or manifestations but to the God and Goddess within you, so that your self, your life and your life experiences are successful in every form and at every level.

Dr. Cris Henderson